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## Westamerica Bank Funds the Gift of Independence for Adults with Developmental Disabilities

SACRAMENTO, CA – UCP of Sacramento and Northern California is proud to announce that Westamerica Bank has awarded \$1,000 in funding for UCP's Community Living and Support Program (CLASP), to support adults with developmental disabilities who wish to live independently.

The funding awarded to CLASP by Westamerica Bank will provide one week's worth of service to 6 clients enrolled in the program, helping them to improve self-esteem and maintain, or work towards, their independent living status. Without the necessary support, these clients are at an increased risk of homelessness.

The <u>CLASP Program</u> supports adults with developmental disabilities during and after the transition to live independently. Instructors work with clients one on one to build a relationship and teach skills such as nutrition, household management and self-advocacy, allowing CLASP participants to reduce their dependence on others and improve or maintain their health.

"Something that many of us take for granted, but is incredibly important to our happiness, is choice. By encouraging adults with developmental disabilities to make their own decisions about their lives and futures, UCP's CLASP services allow them to take on a leadership role in their personal development. Without community supporters like Westamerica Bank, we wouldn't be able to provide this unique experience to our clients." said Doug Bergman, President and CEO, UCP of Sacramento and Northern California.

<u>Westamerica Bank</u> is passionate about improving the quality of life in the communities it serves. Recognizing a responsibility not only to provide the highest quality banking services to the citizens of the communities it serves, but also to give back, Westamerica Bank prides itself on investing a portion of earned income back into those communities. For more information about UCP of Sacramento and Northern California, please visit <u>http://www.ucpsacto.org</u>.

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## About UCP

UCP was started in Sacramento in 1955 by a group of concerned parents who believed children with development disabilities deserved to be included in home and community life rather than state institutional care. Over sixty years later, UCP now serves children and adults with over 20 types of developmental disabilities, 51% have autism, 34% intellectual disability, 9% cerebral palsy and 6% Down syndrome & epilepsy. Profile of UCP's Six <u>Programs</u> serving 6,004 clients.