



## Alternative Service Letter to Individuals and Families

Updated September 30, 2020

### To UCP clients and families served by the following UPC Programs:

Transportation (H04250), South Area Adult Growth Experience (H09668), San Juan Adult Growth Experience (H10371), Discovering Options (H09818), Twin Rivers II Adult Growth Experience (HA0491), Woodland Community Options (H24186), Pathways to Success (HA0867), Empowering Opportunities for Success (HA0868), Odyssey (PA1935).

During the COVID-19 Pandemic, UCP of Sacramento has modified our existing programs to keep the individuals we support safe, to keep our individuals receiving vital services, and to comply with State and local health regulations. While many of our facilities are closed at this time, UCP's programs are open and finding creative new ways of providing essential services to the individuals we support. Over the past few months UCP managers and staff have been working diligently to stay connected with each of our clients and to arrange alternative service plans.

Starting September 1, 2020 the Department of Developmental Services has implemented new guidelines for providers who provide Alternative Services to individuals and families. UCP continues to work diligently with our partners at the Department of Developmental Services and Alta California Regional Center to adapt and re-invent our programs and services to provide the maximum degree of support and safety to individuals we support.

UCP has created a website to help individuals find and access alternative services during the COVID-19 Pandemic Please visit UCP's COVID-19 Resource Webpage at <https://ucpsacto.org/programs-services/covid-19/>. On this website you will find a copy of our Alternative Services Menu described below, contact information for every program, and additional resources for clients and families.

To assist families and clients, UCP is releasing a new and revised **"Alternative Services Menu"** for individuals and families during the COVID-19 Pandemic. This menu can be found at [www.ucpsacto.org/covid-19](http://www.ucpsacto.org/covid-19) and a copy is attached to this letter. Please note that these services options may be updated from time. Updated copies will be posted to our website.

If you have a need that is NOT listed in this menu, please contact your UCP program manager to discuss if this is something UCP can provide. UCP can work with Alta California Regional Center to explore additional service options for you or your family. Individuals can also contact the Director of Adult Services, Shelly Pefley, at 916-283-8302 or via email at [spefley@ucpsacto.org](mailto:spefley@ucpsacto.org). If UCP doesn't offer the services you need, please contact your Service Coordinator to discuss other options that may be right for you or your family.

UCP has be individuals with an active authorization to complete an **Alternative Services Addendum** to add to their Individual Service Plan (ISP) by October 31, 2020. This Alternative Service Addendum is designed to ensure the needs, choices, and modified service plans for each individual are captured and communicated. When completed, our staff will share a copy with our clients and service coordinators.

Sincerely,

*Eric R. Ciampa*

Eric R. Ciampa  
Chief Operating Officer  
UCP of Sacramento and Northern California