



FOR IMMEDIATE RELEASE: November 14, 2014

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## **UCP OF SACRAMENTO AND NORTHERN CALIFORNIA INCREASES NUMBER OF CLIENTS SERVED**

SACRAMENTO – UCP of Sacramento and Northern California has increased its client count from 3,800 to 4,200 clients in the last fiscal year. UCP is the leading provider of comprehensive services to children and adults with all developmental disabilities and their families.

The UCP Adult Day Programs serve 315 clients and focus on activities of daily living, verbal and non-verbal communication, and community integration and awareness. Transportation provides more than 16,000 passenger trips each month. The UCP Respite Program is available to families caring for someone living with developmental disabilities and serves more than 1,300 clients.

“Our programs help our clients to develop life-changing skills, encourage individual choices, and participate as an active member of the community,” said Doug Bergman, UCP President and CEO. “To increase our client base by 400 indicates how important it is that we continue our mission to empower people with developmental disabilities to live life without limits.”

Though initially founded as a support group for parents of children with cerebral palsy, UCP of Sacramento and Northern California now serves all people with disabilities, including autism, Down syndrome, cerebral palsy, epilepsy, intellectual disabilities, learning disorders and sensory impairments. UCP’s programs encompass an eight-county area and work to empower children and adults who – without support – would be isolated from our community.

Each month, UCP of Sacramento and Northern California serves 4,200 children and adults with developmental disabilities and their families in Butte, El Dorado, Nevada, Placer, Sacramento, Shasta, Sutter and Yolo counties. Programs include the Saddle Pals adaptive horseback riding program, UCP’s Autism Center for Excellence at Sacramento State, adult day programs, independent living services, transportation and in-home respite care for families. For more information on the organization, visit [www.ucpsacto.org](http://www.ucpsacto.org).