

# TEAM UCP NEWSLETTER

## NOVEMBER 2018

### #Communicate #Serve #Grow #Sustain

### A Message from the CEO By: Doug Bergman

We had another fun Annual Team Member Safety Gala on November 2. We had a great crowd of near 400 team members and guests. Everyone seemed to enjoy themselves and I heard good comments about the dinner! Awards were received with heartfelt surprise and sincere appreciation. Our Safety Team Member of the year, Denis Riles of Respite received her award under thunderous applause and cheers; Program Manager of the Year, Cashmere Wilkins of the SAAGE program was surprised as was the Supervisor of the Year, Sandy Hostetler. In addition, our many Program Team Member of the Year recipients and Safety/Mentor Representatives received their plaques.

Our raffle prizes seemed to be a big hit, with our Grand Prize winner of the 55" flat screen TV going to Jolene Thornhill of the SAAGE program!!

As always, long lines for the photo booth provided many of the evening's guests with a wonderful souvenir to commemorate the night! The evening rounded-out with a crowded dance floor and a lot of people having a great time. Thanks again to the HR Team for organizing another fun Gala!

Hope to see you all again next year!!

### Program Spotlight By: Eric Ciampa

#### UCP Players

The "UCP Players" are an integrated group of individuals who have the passion and love for music and the arts; including Improvisational Theatre, Spoken Word Classes and an all-inclusive sing-a-long to the classics of the 50's, 60's, and 70's.



The UCP Players are part of the UCP of Sacramento and Northern California family (San Juan AGE Program). In existence since 2013, the UCP Players always bring the human spirit to each performance. Venues include: 2018 Multi-Cultural Education Conference, "Solidarity Now" at Sacramento State University, Global Lounge for Sacramento State University Graduate Classes for Dr. Cho & Dr. Gonzales, California Department of Health Care Services for National Disability Employment Awareness Month, Jewish Federation of Sacramento Leisure Luncheons, UCP Programs, Roseville Care Center, Einstein Center, Rancho Cordova Adult Day Center, Laurel Ruff School, Rose Creek Care Center and other establishments.

The UCP Players continue to captivate their audiences with their inspiring productions!

### CONGRATULATIONS! NOVEMBER 2018 ANNIVERSARIES

Pamela Munsterman, Respite	30 yrs
Donna Timms, Respite	16 yrs
Rosie Grant, Respite	16 yrs
Sandra Baumgartner, Respite	12 yrs
Laurie Gwinn, Admin	11 yrs
Kathie Bohannon, Respite	11 yrs
Diana Marshall, Respite	11 yrs
Regina Wengel, Respite	11 yrs
Vanessa Guardado, Respite	10 yrs
Anna Dubrovskaya, Respite	10 yrs
Margaret Bobo, Respite	9 yrs
Destiny Taylor, Respite	9 yrs
Dawn Barr, Respite	9 yrs
Jennifer Stewart, Respite	9 yrs
Gayle Ann Hage, Respite	9 yrs
Emmily Miller, Respite	8 yrs
Alicia Roberson, Respite	7 yrs
Teresa Lanas, Respite	7 yrs
Helen Heusuk, Respite	7 yrs
Mary Hale, Respite	7 yrs
Hannah Hendrickson, Respite	6 yrs
Sandra Ryan, Respite	5 yrs
Brielle Springer, Respite	4 yrs
Jessica Albarran, Respite	4 yrs
Nasim Kharaghani, Respite	4 yrs
Sheila Harris, WCO	4 yrs
Jennifer Ellis, Respite	3 yrs
Veronica Mejia, Respite	3 yrs
Anisa Aziz, Respite	2 yrs
Brenda Encarnacion, Respite	2 yrs
Evan Esposito, Respite	2 yrs



## Development & Marketing News By: Steve Horton



If you're ready to do this holiday season differently and challenge mass consumerism, we have some good news! This #GivingTuesday on November 27th, Facebook and Paypal have pledged to match up to \$7 million in donations made through Facebook Fundraisers!

This means that when you donate or raise \$52, you will be providing a Respite session to 2 families! Or raise \$32 which is the cost of an ABA therapy hour at the UCP Autism Center for Excellence.

Want to make a big difference without breaking the bank? Start your own fundraiser, choose United Cerebral Palsy Association of Greater Sacramento on the Facebook fundraiser page and take advantage of the matching funds on November 27th.

Go to <http://www.ucpsacto.org/blog/make-your-mark-with-givingtuesday/> to get all the details.

### Make Way for Your Holiday Shopping!

Donate clothes and household goods to UCP.  
Free Pick Up Call 1 800 423 9350.

Donate your Vehicle FREE Want that vehicle out of your way call 1 866 827 7212. A donation will be made to UCP.



## Safety Culture By: Kyle Vang

### UCP LIFT & TRANSFER RULES

**Please Don't Break Any of These Rules!**

1. Always use a mechanical lift device to lift and transfer your client, if one is available.
2. Never lift or transfer a client by yourself!
3. Lifting a client is always a two-person lift, especially if the client weighs more than 25 pounds!
4. Never lift any objects that weigh more than 25 pounds by yourself!
5. Do not lift an unconscious client from the ground unless the scene is unsafe.
6. Do not attempt to catch a falling client if you are not in the right position to do so safely.
7. Do not hold on to a client who is having a seizure or is collapsing.

### **When you need to lift or transfer a client:**

- ⇒ Ensure another person is available to assist you.  
Never lift or transfer the client alone. It is better to wait for help and take a little longer than to rush and take a risk of sustaining an injury.
- ⇒ Assess how you will both lift or transfer the client.  
Decide where and how to hold the client.
- ⇒ Plan your transfer and clear the path.  
Check for obstacles and obstructions (i.e., furniture, electrical cords, other clients, etc.). Also check for grease, oil, moisture, and sharp edges in the surrounding area.
- ⇒ Move the wheelchair and client as close to the transfer location as possible.  
If the client is in a wheelchair, push the client close to the area you will be lifting or transferring the client to, instead of carrying the client across the room.  
Remember to lock the brakes of the wheelchair.
- ⇒ Together, count 1-2-3 and right after the third count, lift and/or transfer the client to transfer location.



## NOVEMBER 2018

### Anniversaries Continued....

Jasbir Padda, Respite	2 yrs
Aleksy Sokolyuk, Respite	2 yrs
Lauren Sours, Respite	2 yrs
Laura Chesshir, Respite	2 yrs
Kimberley Perry, TRII	2 yrs
Ana Ramos, Respite	2 yrs
Jana Cassell, Respite	2 yrs
Wendy Hutton, Respite	2 yrs
Teresa Rodriguez, Respite	1 yr
Ashley McCanless, Respite	1 yr
Alexandria Schick, EOS	1 yr
Jessmin Aguirre, Respite	1 yr
Summer Pratt, Respite	1 yr



## Job Openings

### OPEN POSITIONS

CIS  
Class B & C Driver  
Dispatcher  
DSP  
HR Generalist  
ILS Instructor  
Respite Worker  
RN