

# TEAM UCP NEWSLETTER

## NOVEMBER 2019

#Communicate #Serve #Grow #Sustain

### A Message from the CEO By: Doug Bergman

#### Cheers to a Successful 2019 Team Member Gala!

We kicked November off right with our fun Annual Safety Team Member Gala!!! The theme this year was International, focusing attention to the great diversity of UCP's team members coming from all over the world! It was a fun night and everyone seemed to be enjoying themselves very much! As always the Photo booth was a big hit and that was a near miss as our usual vendor had to cancel last minute. We were very fortunate to get Valuable Exposure who came in and did a fabulous job! Congratulations to all of our award winners for the night, with the Grand Prize as Safety Team Member of the Year and a check for \$500 awarded to Alexis Witherspoon of our Shuttle program! Congratulations to Jim Kaiser, Transportation and Shuttle, as Program Manager of the Year; Patricia King of CLASP, Supervisor of the Year and Support Staff Person of the Year went to Maria Lopez, Payroll Specialist. Below are our Raffle prize winners and also some photos from the evening.



#### This year's Raffle prize winners:

- Denis Riles**—Echo Dot
- Elka Hristova** – Keurig Coffee Maker
- Rebekah Archer** – Curved Monitor
- Sonja Gravink** — Apple Ear Buds
- Andrew Duran**—65" Flat Screen TV



### CONGRATULATIONS! NOVEMBER 2019 ANNIVERSARIES

- Pamela Munsterman, Respite 31 yrs
- Donna Timms, Respite 17 yrs
- Rosie Grant, Respite 17 yrs
- Sandra Baumgartner, Respite 13 yrs
- Laurie Gwinn, Admin 12 yrs
- Kathie Bohannon, Respite 12 yrs
- Diana Marshall, Respite 12 yrs
- Vanessa Guardado, Respite 11 yrs
- Anna Dubrovskaya, Respite 11 yrs
- Margaret Budwiser, Respite 10 yrs
- Destiny Taylor, Respite 10 yrs
- Dawn Barr, Respite 10 yrs
- Jennifer Stewart, Respite 10 yrs
- Gayle Hage, Respite 10 yrs
- Emmily Miller, Respite 9 yrs
- Alicia Roberson, Respite 8 yrs
- Helen Heusuk, Respite 8 yrs
- Mary Hale, Respite 8 yrs
- Sandra Ryan, Respite 6 yrs
- Brielle Springer, Respite 5 yrs
- Nasim Kharaghani, Respite 5 yrs
- Jennifer Ellis, Respite 4 yrs
- Veronica Mejia, Respite 4 yrs
- Anisa Aziz, Respite 3 yrs
- Brenda Encarnacion, Respite 3 yrs
- Jasbir Padda, Respite 3 yrs
- Aleksy Sokolyuk, Respite 3 yrs
- Lauren Sours, Respite 3 yrs
- Kimberley Perry, TRII 3 yrs
- Ana Ramos, Respite 3 yrs



## Program Spotlight By: Eric Ciampa



Woodland Community Options held its Grand Opening and Ribbon Cutting ceremony at its new location, 45 W. Court Street, on October 24<sup>th</sup>. UCP Players put on a great performance for guests just before our CEO Doug Bergman cut the red ribbon. Attending guests include Woodland's Chief of Police and Fire Chief, UCP families, community members and UCP board members and staff.

## Development & Marketing News By: Steve Horton

### The Community Supports UCP



Thanks to the generous donations of 36 golfers at the UCP Golf Classic, \$47,075 was generated for UCP.

The result of these donations is that 932 families receive respite sessions. Each golfer donates \$1,000, a company pays all the expenses and another company donated \$10,000 to UCP. The result: the parent(s) or caregiver is refreshed, family tension is reduced and positive behaviors increased.

Your support ensures families that have a child with a developmental disability are not forgotten, that the parents will be given a break to re-energize their emotional power and give the child a time to develop their social and creative skills at home. In the words of Harold and Mari UCP Family Respite is a "family saver."



**Time for the vehicle to go?** You can donate a car, motorhome, boat or motorcycle. The pick-up of your vehicle is free. **To Donate a Vehicle Call 1 866 827 7212.**

## Safety Culture By: Liana Biglang-awa

Flu season is here everyone which means extra precautions must be taken to prevent ourselves from catching this illness. According to the Federal Occupational Health and Safety Administration, the best way to reduce the risk of exposure is to practice basic hygiene precautions such as: frequent handwashing, avoid touching nose, mouth and eyes, and keeping frequently touched common surfaces clean. On top of these precautions, the best way to defend yourself from the flu is to get vaccinated. If you have taken all the precautionary measures and still get the flu make sure to know the symptoms and what to do. Common symptoms of the flu are: chills, cough, sore throat, runny or stuffy nose, muscle or body aches, headaches, fatigue, and sometimes fever. When you experience the following symptoms, make sure to stay home and limit contact with others except to get medical care as the flu is very contagious, also cover your sneeze/cough with a tissue and dispose right after use. According to the Centers for Disease Control and Prevention, most people with the flu have mild illness and do not need medical care or antiviral drugs, but if you are someone who is at a high risk of serious flu complications or if symptoms persist, seek medical attention.

### Together We Can Beat the Flu

6 Tips to Stay Healthy this Flu Season



## NOVEMBER 2019

### Anniversaries Continued....

|                           |       |
|---------------------------|-------|
| Jana Cassell, Respite     | 3 yrs |
| Wendy Hutton, Respite     | 3 yrs |
| Teresa Rodriguez, Respite | 2 yrs |
| Ashley McCanless, Respite | 2 yrs |
| Jassmin Aguirre, Respite  | 2 yrs |
| Summer Pratt, Respite     | 2 yrs |
| Laura Fisher, Respite     | 1 yr  |
| Yelena Sokolyuk, Respite  | 1 yr  |
| Brenda Salmon, PSS        | 1 yr  |
| Juliana Meza, Respite     | 1 yr  |
| Kathleen Geary, Respite   | 1 yr  |
| Alisha Ortiz, Respite     | 1 yr  |
| Michelle Degrade, CLASP   | 1 yr  |
| Ismahan Shehadeh, Respite | 1 yr  |
| Victoria Monroy, Respite  | 1 yr  |
| Ann Kleinschmidt, Respite | 1 yr  |
| Sadhna Kumar, Respite     | 1 yr  |
| Janie Malone, DO          | 1 yr  |
| Dodger DeGan, Respite     | 1 yr  |



Be Our  
**NEWEST**  
TEAM MEMBER

- ◆ Bus Aide
- ◆ Class B Driver \$500 Sign on Bonus
- ◆ Class C Driver \$300 Sign On Bonus
- ◆ Dispatcher
- ◆ DSP
- ◆ Respite Worker