

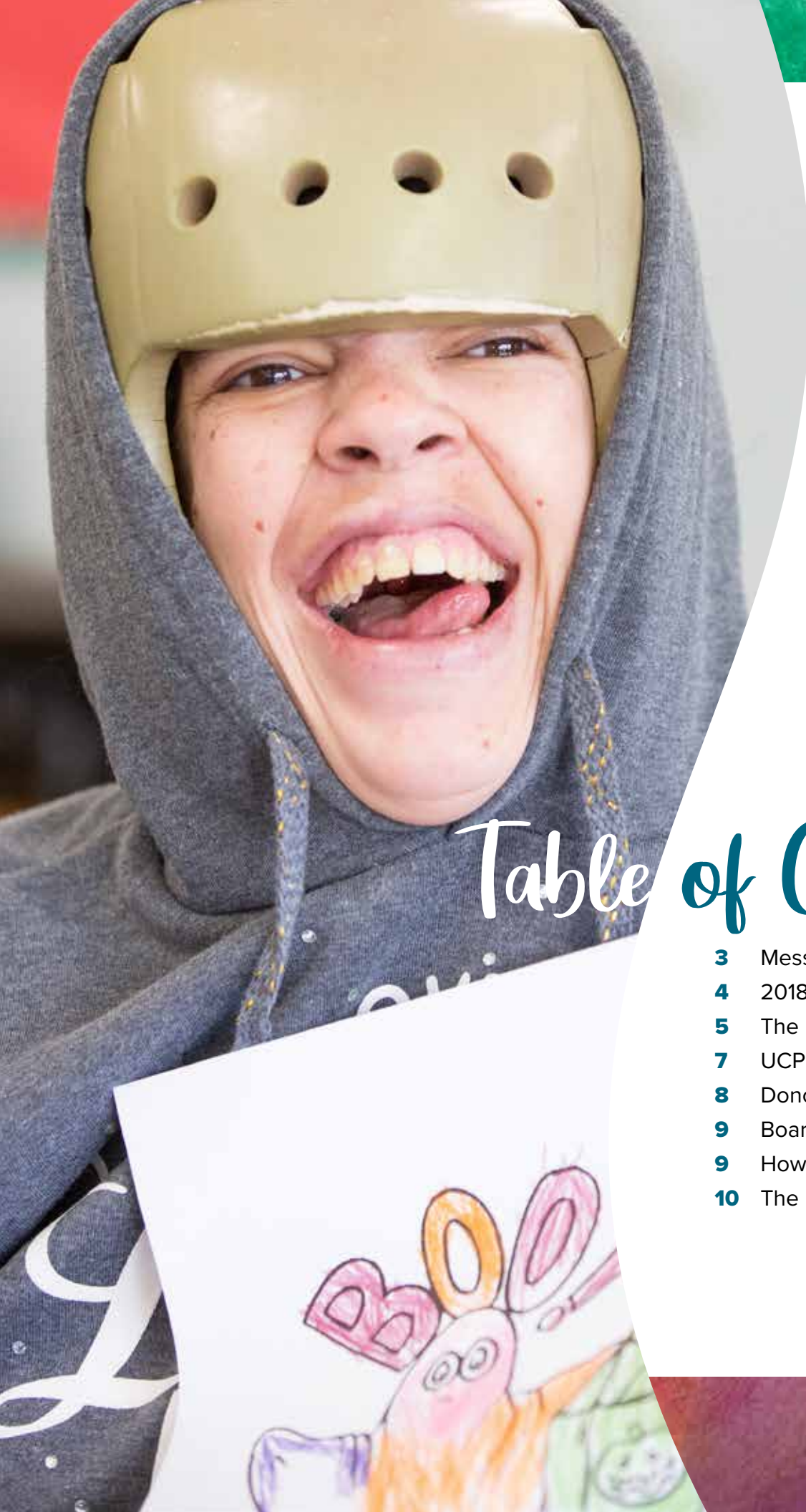


# Creating Possibilities for People with Disabilities

2018-2019 Annual Report



of Sacramento and Northern California



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## MESSAGE FROM THE CEO PRESIDENT

# Creating Possibilities Every Day

Every day, UCP is creating new possibilities for children and adults with developmental disabilities and their families. Every day, I'm inspired when I see UCP team members teaching independent living, communication and socialization skills to our clients. Every day, I watch our team as they look after a child, offering a much-needed break for tired and often overwhelmed parents and caregivers. Every day, I see our buses pick up and deliver our clients to programs, providing essential transportation to ensure individuals with developmental disabilities are included in their community. Every day, I witness firsthand the difference UCP makes in the lives of our clients and their families. Every day, we are fueled by the energy of a child's laugh, the look of satisfaction on a client's face who's just accomplished a new task, and the relief a parent feels when they know their child is in safe hands while they take time away to recharge.

Every year, I look forward to pulling information together for our annual report. It gives me a moment to proudly reflect on all we've accomplished. Over the past year, we focused on the following:

- 1. Commitment to Serve:** UCP's mission is to "...improve the independence, productivity, and quality of life..." for our clients, students, and consumers. The results? UCP provided 820,126 hours of service to clients in our last fiscal year. That's 2,247 hours every day! As a result of our commitment to service, children and adults are living a fuller life and their families are being empowered.
- 2. Efficiency:** We take pride in putting our revenues back into programs and services. The results? .90 cents of every dollar we make supports services for our children, adults and their families. We're proud of this fact and we're pretty sure our founders would be too.
- 3. Diversity:** Our clients represent the diversity of Sacramento (see chart on page 7) and our staff does, too. Our team members are: 8% Asian, 20% African American, 23% Hispanic, 44% Caucasian, 1% Native American, 3% Pacific Islander and 1% are more than one race. Our multilingual UCP Family Respite workers are well equipped to handle the diverse population by speaking Hmong, Russian, Spanish, Urdu, Hindi, Punjabi, Vietnamese, Korean, Mandarin, Cantonese, Arabic, Farsi, and others.

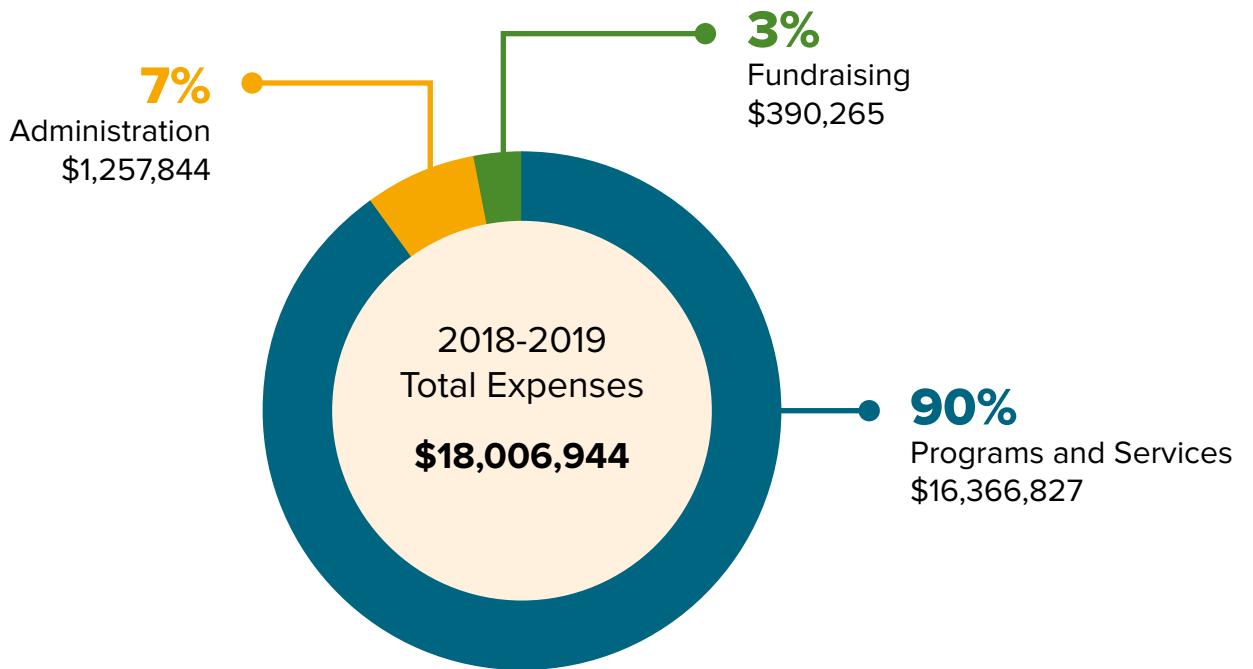
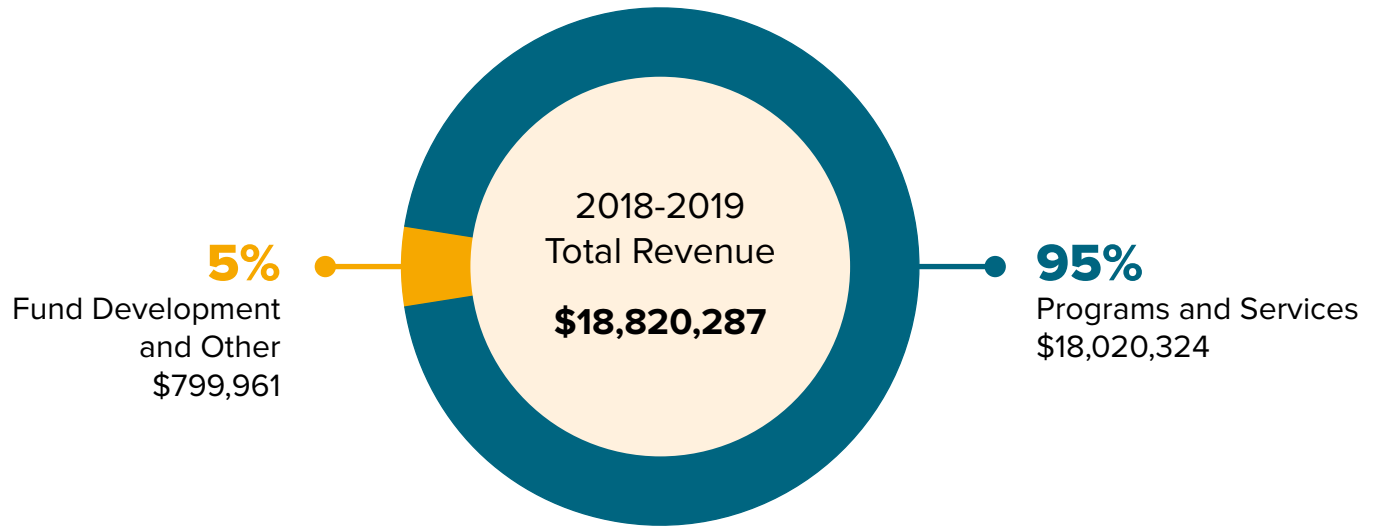
Every day, we work to ensure our clients have what they need to thrive and be engaged in life. And every day, your support ensures adults and children with disabilities are discovering new opportunities for living a life without limits.

Thank you,  
Doug Bergman  
CEO President



2018-2019

# Financials



## THE IMPACT OF YOUR SUPPORT:

# Harold and Mari Ashe

Having four children of varying ages has its obvious challenges. And when two of those children have developmental disabilities, the challenges become a little bigger, the hurdles a little higher, and the need for a positive outlook a little more important.

Harold and Mari, parents of Julian, age 10, who was born with Down syndrome, and Jacob, age 6, who is on the autism spectrum, are here to tell you that life as you imagined it, may not be the same, but it is still rich with love, compassion and a plethora of rewards.

Together, they've learned how to deal with life's ups and downs and rely on each other and their community for support. Their kids have taught them what unconditional love is, what sacrifice feels like, and the importance of faith and family in getting through each day.

They are open with their family's story, their joys, and their struggles. They hope that by sharing their story, they can help other parents who may be having trouble adjusting to life with a developmentally disabled child.

*"There's a great level of comfort knowing we can leave the house with a qualified respite worker looking after our children. Handling kids with special needs is challenging, but UCP's respite workers take that worry away."*

Harold Ashe



## THE IMPACT OF YOUR SUPPORT CONTINUED

When asked about how she gets through a busy day with four active children, Mari refers to what she does as “exaggerated parenting.” She’s doing the same things as other parents, but everything is just a little bit tweaked; knowing whatever she has planned for the day, may change in a heartbeat. Her friends have come to understand that a parent who has kids with special needs may need more time to plan, may have to repeat things more often, or simply be flexible enough to adjust and improvise.

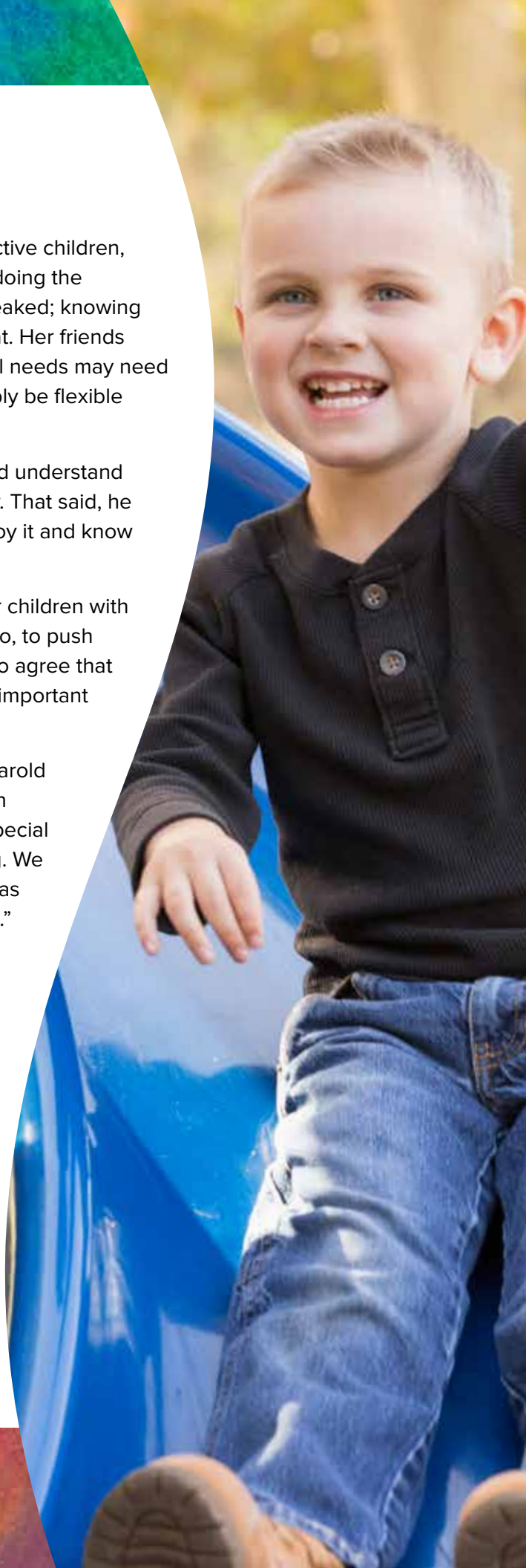
Harold wants people to know that it’s important to be patient, and understand that everyone’s life is filled with constant change and uncertainty. That said, he reminds himself to enjoy the moment. Whether good or bad, enjoy it and know that you are blessed to be a part of a loving family.

They both agree that there is a certain pressure to compare your children with others. They stress the importance of letting your expectations go, to push your kids to be the best they can be and enjoy the ride. They also agree that taking time away from caring for a child with special needs is an important part of maintaining a healthy outlook and a happy family.

That’s where UCP’s Family Respite comes in. Respite provides Harold and Mari with a time to replenish, rejuvenate and spend time with each other. “The divorce rate is high for couples with kids with special needs. Having a support network you can rely on is life changing. We make sure we have a date night so we can reconnect. It may be as simple as a trip to Costco, but it’s time away, and that’s important.” says Mari.

“There’s a great level of comfort knowing we can leave the house with a qualified respite worker looking after our children. Handling kids with special needs is challenging, but UCP’s respite workers take that worry away,” adds Harold. “We want parents to know it’s okay to be scared and unsure of what to do after learning your child has special needs, but don’t withdraw. There’s a wide variety of resources out there to help support you and navigate the road ahead. UCP’s Family Respite care is one of them. They understand, and they’ve been by our side, allowing us to thrive as a family.”

Reach out to them if you need a rest. It’s a break you deserve to take.



# At a Glance UCP:



151,854

PASSENGER TRIPS



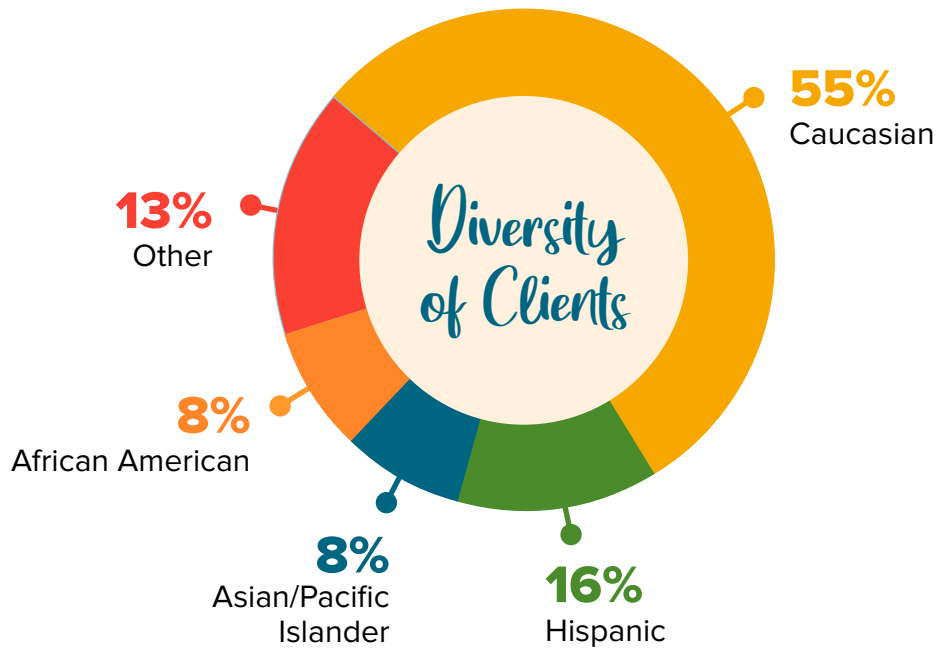
94,416

FAMILY RESPITE  
SESSIONS PROVIDED



54%

OF UCP CLIENTS  
ARE LOW INCOME  
OR RELY ON  
SOCIAL  
ASSISTANCE



## Disabilities Served

**Autism** (1,322 clients served)

49%

**Intellectual Disability** (758 clients served)

28%

**Down Syndrome, Epilepsy and Other** (352 clients served)

13%

**Cerebral Palsy** (283 clients served)

10%

# Donors

## INDIVIDUALS

Kevin Nagle  
Dale & Katy Carlsen  
Denise Coffey  
Clement & Mindy Kong  
Ramin Manshadi  
Scott Powell  
David Savir  
Lokesh Sikaria  
Jason and Shari Little  
Randy Sanford  
Doug and Freda Bergman  
Larry Chillemi  
Betsy Montgomery  
Nickel Agency/Demarcus Cousins  
Andrew Rogers  
Rick Ferguson  
Adam Housley  
Anthony Lafrano  
Garry Maisel  
Kenneth McGuire  
Bill and Mary O'Keefe  
Kathlyn Reeve  
Christopher Washburn

## FOUNDATIONS

Yocha Dehe Wintun Nation  
Oates Family Foundation  
Sacramento Kings Community Impact  
Beneto Foundation  
Kelly Foundation  
Tegna Foundation  
The Theresa Foundation

Sidney Stern Memorial Foundation  
The Setzer Foundation  
The Woods Family

## COMPANIES

Pacific Coast Building Products  
BoaVida Communities  
Sacramento Republic FC  
Moneta Ventures  
SMUD  
Witan Law Group  
GNT Solutions  
Niello Companies  
Parker Development  
Randle Communications  
Vanir Construction  
Delfino Madden O'Malley  
Coyle & Koewler, LLP  
Moss Adams  
UC Davis Health

## THIRD PARTY

Sierra Energy  
DCA Partners  
Capital Cup





# How You Can Make a Difference



## SCHEDULE A TOUR

see your donation at work



## UCP GOLF CLASSIC

A great golf experience with a high net return to UCP



UCP OF SACRAMENTO AND NORTHERN CALIFORNIA

# Board Members

**Angela Blanchard,**  
Chair  
Political Solutions

**Douglas Bosley,**  
Vice Chair  
Witan Law

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Secretary  
Healthcare Real Estate  
Services

**Rick S. Fergerson**  
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Fergerson Financial

**Mark Bellows**  
CLA

**Todd Bollenbach**  
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**Erin Kelly**  
Children's Specialty  
Care Coalition

**Annie Marszal**  
California Retail  
Management

**Doug McGehee**  
Bank of America  
(retired)

**Robert Rediger**  
Attorney at Law

**Greg Robinson**  
Umpqua Bank

**Craig Sardella**  
Consultant

**Patrick Stack**  
Dignity Health

**Laura Whitney**  
US Army Corp of  
Engineers

**Brian Wyatt**  
Law Office of Brian  
Wyatt

THE FOUNDATION FOR UCP OF SACRAMENTO  
AND NORTHERN CALIFORNIA

# Funding the Future of Today's Children



The Foundation for UCP  
of Sacramento and Northern California

*The Road For Our Children's Future*

## THE FOUNDATION FOR UCP TRUSTEES

**Mark Bellows, Chair**

Clifton Larson Allen LLP

**Brad Barnett, Secretary**

Sierra Energy

**Todd Bollenbach**

GNT Solutions

**Janet Chediak**

Weintraub Tobin

**Larry Chillemi**

Grow West

**Khalid Elias**

Wells Fargo Bank

**Rick Fergerson**

Fergerson Financial

**Bill O'Keefe**

InterWest Insurance Services, LLC

**Leonard Simpson**

2020 Financial Advisors

**Janet Soule**

Me Communications

**Brian Wyatt**

Law Office of Brian Wyatt

## Three Great Reasons

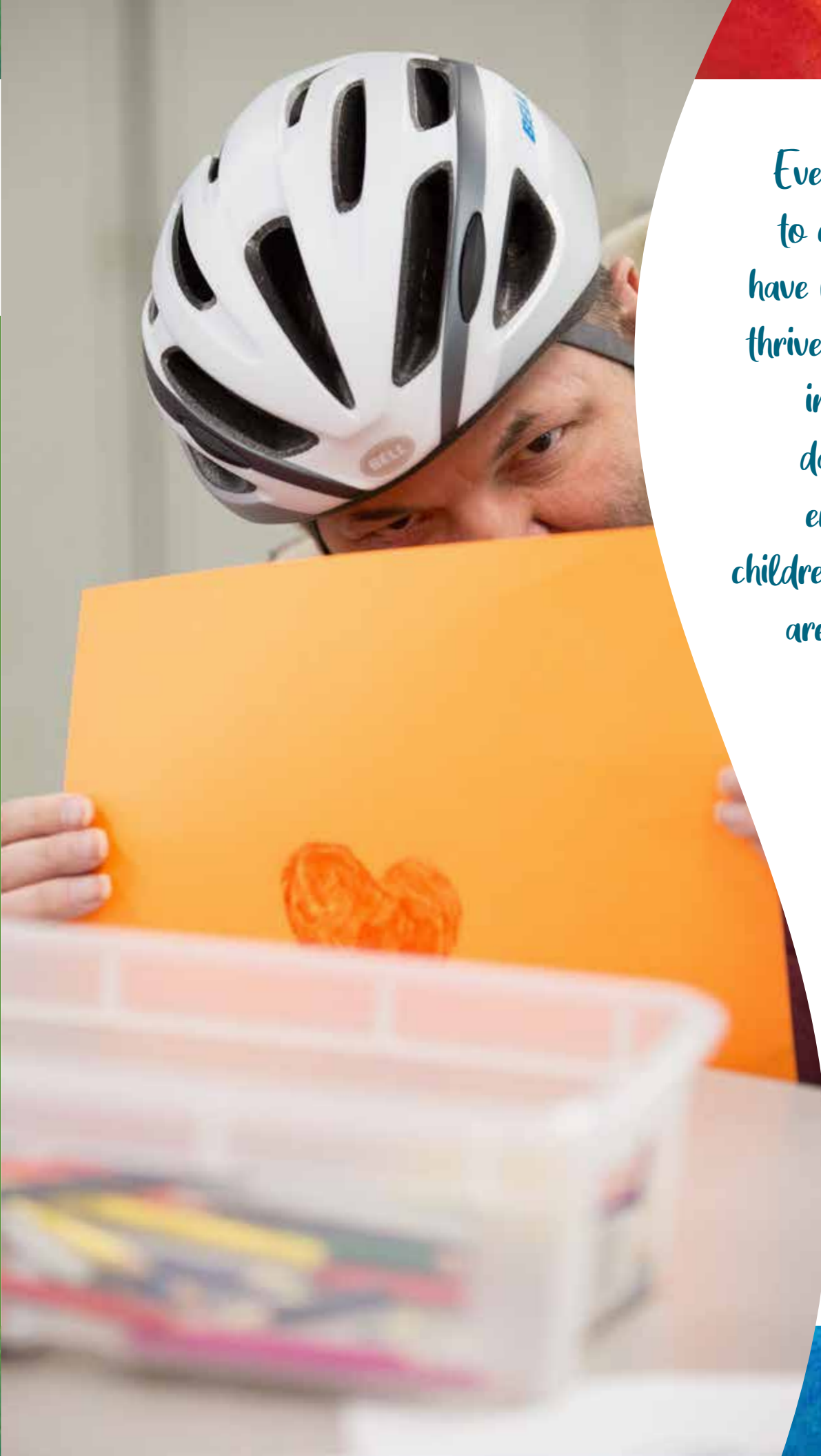
TO NAME THE FOUNDATION FOR UCP  
IN YOUR ESTATE DOCUMENTS

- 1 A Legacy Gift continues what you are doing now – helping others.
- 2 The money stays local for our community's children.
- 3 It is one of the easiest ways to give.

Legacy Planning decides what your legacy will be instead of others deciding for you, ensures your estate goes where you want it to go – to family and community, and checks off a task you know needs to get done!

Contact:  
Steve Horton  
Director Legacy Giving  
[shorton@ucpsacto.org](mailto:shorton@ucpsacto.org)  
Direct line: 916-283-8312





Every day, we work to ensure our clients have what they need to thrive and be engaged in life. And every day, your support ensures adults and children with disabilities are discovering new opportunities for living a life without limits.



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#3099

UCP of Sacramento and Northern California,  
FIN: 94 1507998

The Foundation for UCP of Sacramento and  
Northern California, FIN: 26 3279530  
[ucpsacto.org/about-up/ucp-foundation/](http://ucpsacto.org/about-up/ucp-foundation/)



**of Sacramento and Northern California**  
*Life without limits for people with disabilities*