



Creating Possibilities for People with Disabilities

2018-2019 Annual Report



of Sacramento and Northern California

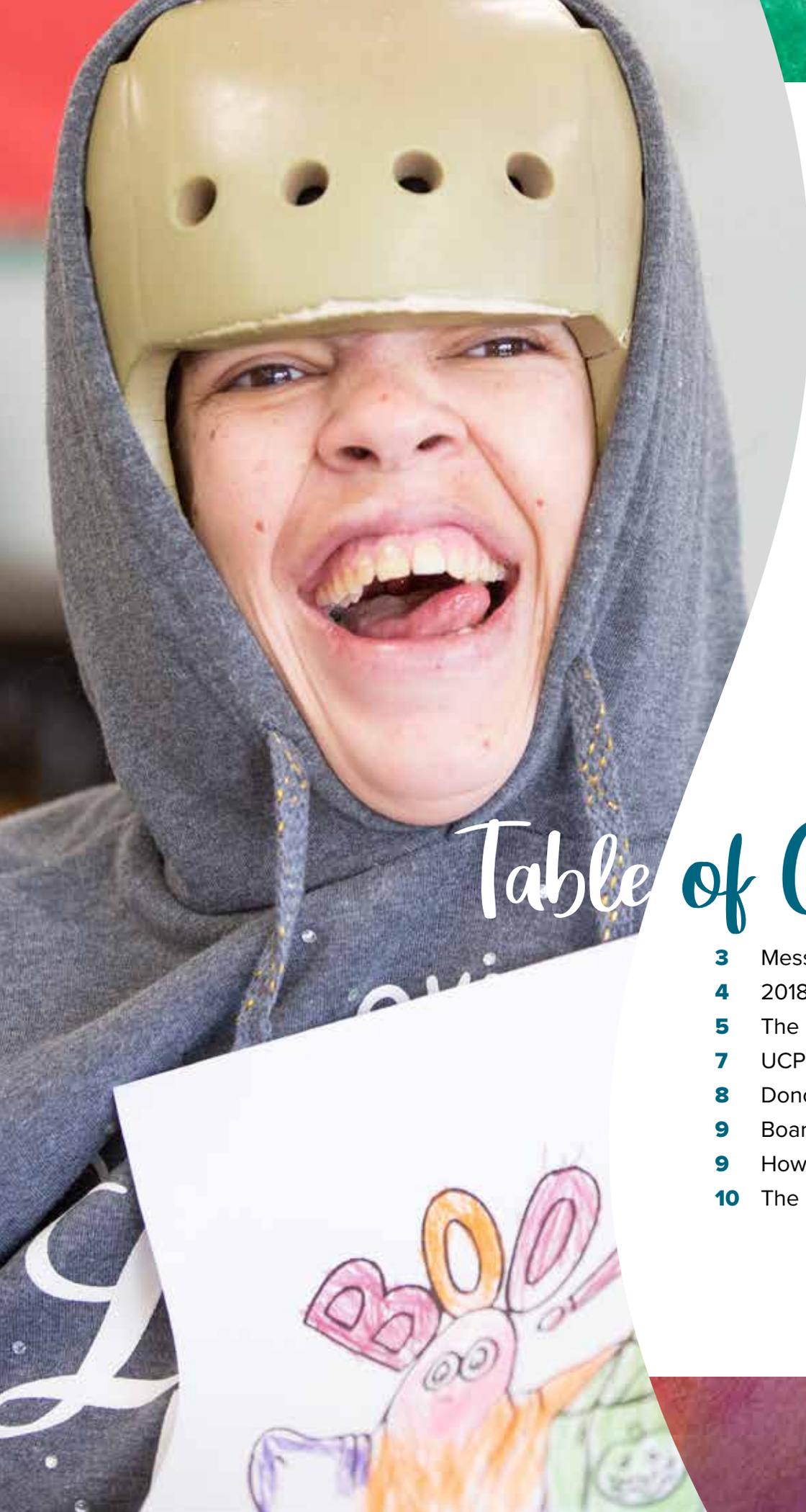


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MESSAGE FROM THE CEO PRESIDENT

Creating Possibilities Every Day

Every day, UCP is creating new possibilities for children and adults with developmental disabilities and their families. Every day, I'm inspired when I see UCP team members teaching independent living, communication and socialization skills to our clients. Every day, I watch our team as they look after a child, offering a much-needed break for tired and often overwhelmed parents and caregivers. Every day, I see our buses pick up and deliver our clients to programs, providing essential transportation to ensure individuals with developmental disabilities are included in their community. Every day, I witness firsthand the difference UCP makes in the lives of our clients and their families. Every day, we are fueled by the energy of a child's laugh, the look of satisfaction on a client's face who's just accomplished a new task, and the relief a parent feels when they know their child is in safe hands while they take time away to recharge.

Every year, I look forward to pulling information together for our annual report. It gives me a moment to proudly reflect on all we've accomplished. Over the past year, we focused on the following:

- 1. Commitment to Serve:** UCP's mission is to "...improve the independence, productivity, and quality of life..." for our clients, students, and consumers. The results? UCP provided 820,126 hours of service to clients in our last fiscal year. That's 2,247 hours every day! As a result of our commitment to service, children and adults are living a fuller life and their families are being empowered.
- 2. Efficiency:** We take pride in putting our revenues back into programs and services. The results? .90 cents of every dollar we make supports services for our children, adults and their families. We're proud of this fact and we're pretty sure our founders would be too.
- 3. Diversity:** Our clients represent the diversity of Sacramento (see chart on page 7) and our staff does, too. Our team members are: 8% Asian, 20% African American, 23% Hispanic, 44% Caucasian, 1% Native American, 3% Pacific Islander and 1% are more than one race. Our multilingual UCP Family Respite workers are well equipped to handle the diverse population by speaking Hmong, Russian, Spanish, Urdu, Hindi, Punjabi, Vietnamese, Korean, Mandarin, Cantonese, Arabic, Farsi, and others.

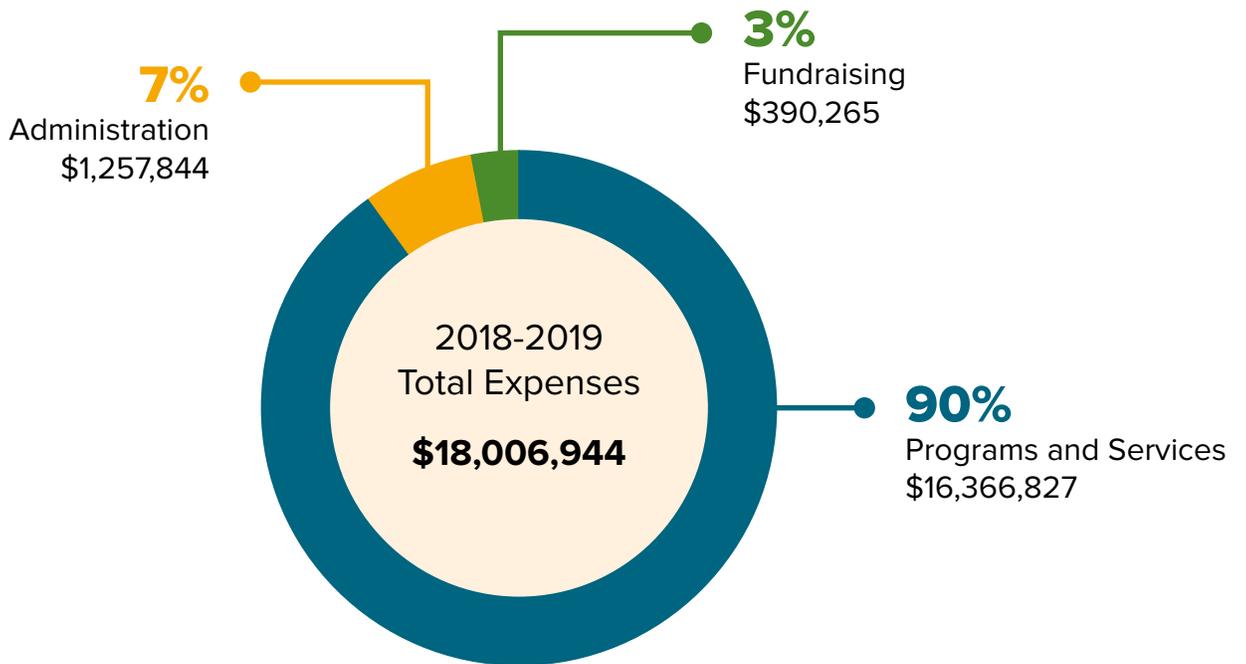
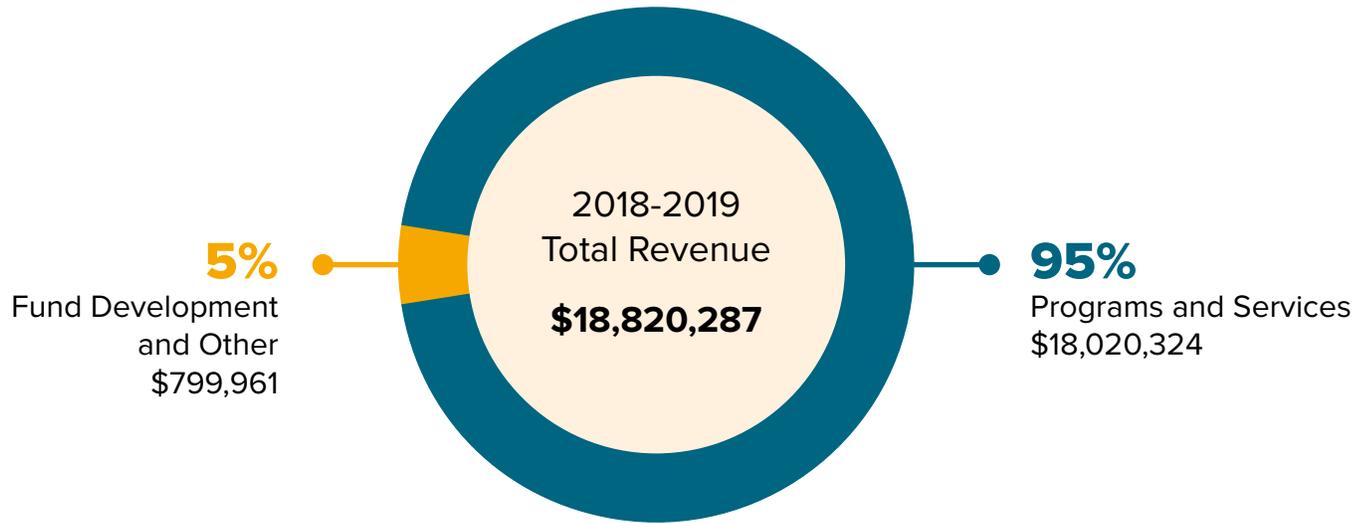
Every day, we work to ensure our clients have what they need to thrive and be engaged in life. And every day, your support ensures adults and children with disabilities are discovering new opportunities for living a life without limits.

Thank you,
Doug Bergman
CEO President



2018-2019

Financials



THE IMPACT OF YOUR SUPPORT:

Harold and Mari Ashe

Having four children of varying ages has its obvious challenges. And when two of those children have developmental disabilities, the challenges become a little bigger, the hurdles a little higher, and the need for a positive outlook a little more important.

Harold and Mari, parents of Julian, age 10, who was born with Down syndrome, and Jacob, age 6, who is on the autism spectrum, are here to tell you that life as you imagined it, may not be the same, but it is still rich with love, compassion and a plethora of rewards.

Together, they've learned how to deal with life's ups and downs and rely on each other and their community for support. Their kids have taught them what unconditional love is, what sacrifice feels like, and the importance of faith and family in getting through each day.

They are open with their family's story, their joys, and their struggles. They hope that by sharing their story, they can help other parents who may be having trouble adjusting to life with a developmentally disabled child.

"There's a great level of comfort knowing we can leave the house with a qualified respite worker looking after our children. Handling kids with special needs is challenging, but UCP's respite workers take that worry away."

Harold Ashe



THE IMPACT OF YOUR SUPPORT CONTINUED

When asked about how she gets through a busy day with four active children, Mari refers to what she does as “exaggerated parenting.” She’s doing the same things as other parents, but everything is just a little bit tweaked; knowing whatever she has planned for the day, may change in a heartbeat. Her friends have come to understand that a parent who has kids with special needs may need more time to plan, may have to repeat things more often, or simply be flexible enough to adjust and improvise.

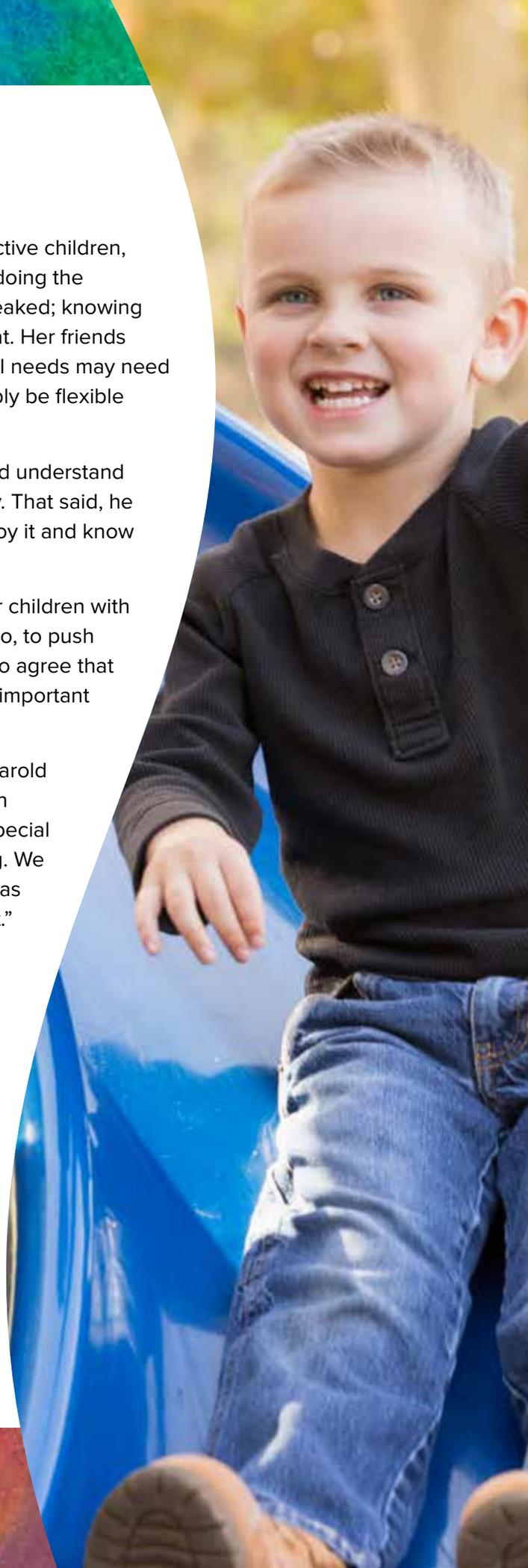
Harold wants people to know that it’s important to be patient, and understand that everyone’s life is filled with constant change and uncertainty. That said, he reminds himself to enjoy the moment. Whether good or bad, enjoy it and know that you are blessed to be a part of a loving family.

They both agree that there is a certain pressure to compare your children with others. They stress the importance of letting your expectations go, to push your kids to be the best they can be and enjoy the ride. They also agree that taking time away from caring for a child with special needs is an important part of maintaining a healthy outlook and a happy family.

That’s where UCP’s Family Respite comes in. Respite provides Harold and Mari with a time to replenish, rejuvenate and spend time with each other. “The divorce rate is high for couples with kids with special needs. Having a support network you can rely on is life changing. We make sure we have a date night so we can reconnect. It may be as simple as a trip to Costco, but it’s time away, and that’s important.” says Mari.

“There’s a great level of comfort knowing we can leave the house with a qualified respite worker looking after our children. Handling kids with special needs is challenging, but UCP’s respite workers take that worry away,” adds Harold. “We want parents to know it’s okay to be scared and unsure of what to do after learning your child has special needs, but don’t withdraw. There’s a wide variety of resources out there to help support you and navigate the road ahead. UCP’s Family Respite care is one of them. They understand, and they’ve been by our side, allowing us to thrive as a family.”

Reach out to them if you need a rest. It’s a break you deserve to take.



At a Glance ^{UCP:}



151,854

PASSENGER TRIPS



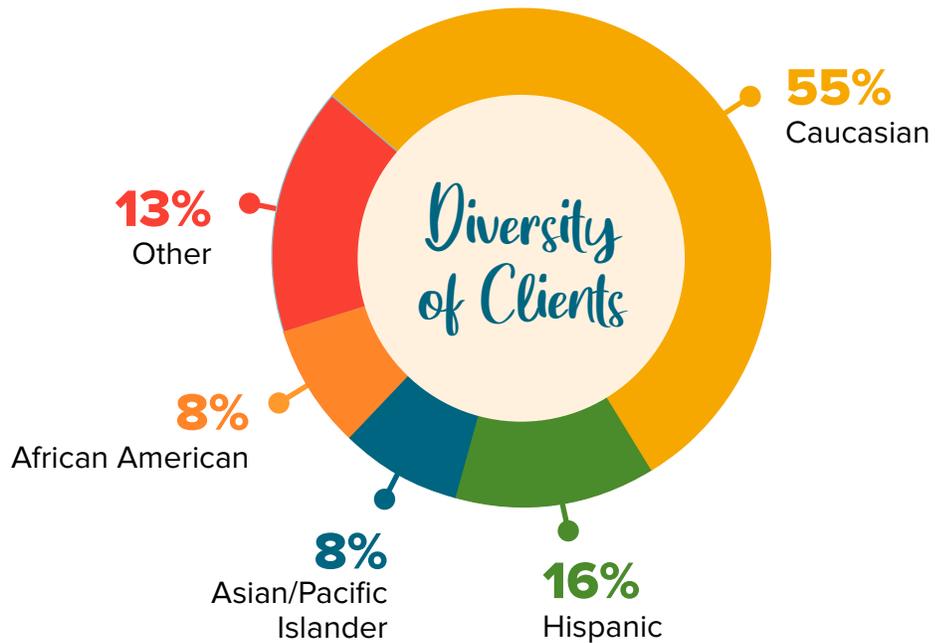
94,416

FAMILY RESPITE
SESSIONS PROVIDED



54%

OF UCP CLIENTS
ARE LOW INCOME
OR RELY ON
SOCIAL
ASSISTANCE



Disabilities Served

Autism (1,322 clients served)

49%

Intellectual Disability (758 clients served)

28%

Down Syndrome, Epilepsy and Other (352 clients served)

13%

Cerebral Palsy (283 clients served)

10%

Donors

INDIVIDUALS

Kevin Nagle
Dale & Katy Carlsen
Denise Coffey
Clement & Mindy Kong
Ramin Manshadi
Scott Powell
David Savir
Lokesh Sikaria
Jason and Shari Little
Randy Sanford
Doug and Freda Bergman
Larry Chillemi
Betsy Montgomery
Nickel Agency/Demarcus Cousins
Andrew Rogers
Rick Ferguson
Adam Housley
Anthony Lafrano
Garry Maisel
Kenneth McGuire
Bill and Mary O'Keefe
Kathlyn Reeve
Christopher Washburn

FOUNDATIONS

Yocha Dehe Wintun Nation
Oates Family Foundation
Sacramento Kings Community Impact
Beneto Foundation
Kelly Foundation
Tegna Foundation
The Theresa Foundation

Sidney Stern Memorial Foundation
The Setzer Foundation
The Woods Family

COMPANIES

Pacific Coast Building Products
BoaVida Communities
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Moneta Ventures
SMUD
Witan Law Group
GNT Solutions
Niello Companies
Parker Development
Randle Communications
Vanir Construction
Delfino Madden O'Malley
Coyle & Koewler, LLP
Moss Adams
UC Davis Health

THIRD PARTY

Sierra Energy
DCA Partners
Capital Cup



How You Can Make a Difference



SCHEDULE A TOUR

see your donation at work



UCP GOLF CLASSIC

A great golf experience with a high net return to UCP



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THE FOUNDATION FOR UCP OF SACRAMENTO
AND NORTHERN CALIFORNIA

Funding the Future of Today's Children



The Foundation for UCP
of Sacramento and Northern California

The Road For Our Children's Future

THE FOUNDATION FOR UCP TRUSTEES

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2020 Financial Advisors

Janet Soule

Me Communications

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Law Office of Brian Wyatt

Three Great Reasons

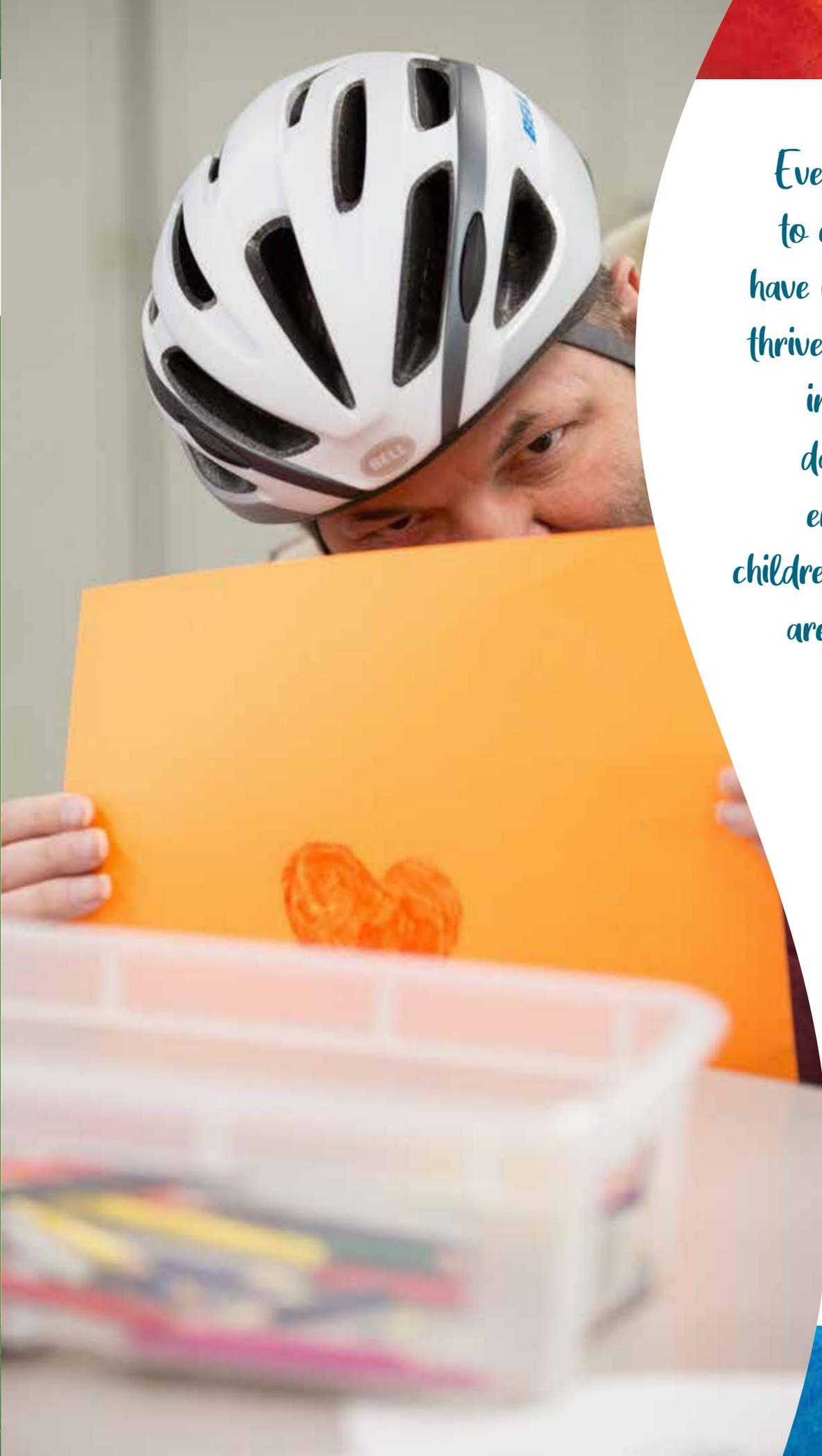
TO NAME THE FOUNDATION FOR UCP
IN YOUR ESTATE DOCUMENTS

- 1 A Legacy Gift continues what you are doing now – helping others.
- 2 The money stays local for our community's children.
- 3 It is one of the easiest ways to give.

Legacy Planning decides what your legacy will be instead of others deciding for you, ensures your estate goes where you want it to go – to family and community, and checks off a task you know needs to get done!

Contact:
Steve Horton
Director Legacy Giving
shorton@ucpsacto.org
Direct line: 916-283-8312





Every day, we work to ensure our clients have what they need to thrive and be engaged in life. And every day, your support ensures adults and children with disabilities are discovering new opportunities for living a life without limits.



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#3099

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of Sacramento and Northern California
Life without limits for people with disabilities