



UCP

we're more
than our name

2021
2022

ANNUAL REPORT



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Message from the President/CEO

Back to Growth & Sustainability

Last year was another amazing year! While still navigating through COVID 19 and health restrictions, UCP fully re-opened all in-person programming, bringing the individuals we serve back to see the staff that missed seeing their faces in-person every day. We saw many successes:

Safety: UCP had the best safety record the organization has ever had since starting to track incidents in 1997. The success of the staff's focus gave UCP a 99% safety record, earning UCP the Gold Award from our insurance, reflecting our commitment to safety for our clients and our staff.

Transportation: UCP purchased 10 new transportation vehicles, hired 20 new drivers, and now has daily service for people in need in Placerville.

Recreation: Listening to the families and clients we serve, we know there is a need for recreational programming. UCP launched the UCP Recreation Department in March, hosting a minimum of one recreational activity a month along with collaborating with third party vendors to create more opportunities.

Your constant support has allowed UCP to be flexible, be creative, and shift services to meet the demands of clients in real time today and for tomorrow. You make it possible for UCP to make quick adjustments to our programming, ensuring our clients can continue to live a life without limits.

I am excited for what we have planned for this year along with the future, knowing that the UCP team is ready to take on any challenge with the same spirit and ingenuity as we have shown over the past few years. For now, with your ongoing support, we will focus on our strategic growth, continue to focus on safety for both clients and staff, and tackle new challenges as they arise.

Thank you,

Doug Bergman
President/CEO

UCP ATA GLANCE

INTELLECTUAL
DELAY

20%

48%

DISABILITIES
SERVED

DOWN
SYNDROME
& OTHER

18%

AUTISM

9%

5%

CEREBRAL
PALSY

EPILEPSY

2%

MULTI
CULTURAL/
BI-RACIAL

1%

AMERICAN
INDIAN/
ALASKAN
NATIVE

AFRICAN
AMERICAN

ASIAN

11%

15%

19%

CLIENT
DEMOGRAPHICS

52%

WHITE

HISPANIC

2,938
CLIENTS SERVED

4 DEPARTMENTS

14 PROGRAMS

12 NEW
COMMUNITY
PARTNERSHIPS

42
PARTICIPANTS AT
3
RECREATION OUTINGS

PROVIDED
RESPIRE
SERVICES TO
1,979
INDIVIDUALS FOR
259,954
HOURS

735
EMPLOYEES

18 AT KIDS CAMP
11 AT ADULT CAMP
19 AT FAMILY CAMP

542,980
MILES DRIVEN

56
ACTIVE VEHICLES IN UCP'S FLEET

FINANCIALS

TOTAL REVENUE

17,126,690

4%

\$616,758
FUND DEVELOPMENT
& OTHER

96%

\$16,509,932
PROGRAM INCOME

\$14,017,645
PROGRAMS &
SERVICES

\$1,695,733
ADMINISTRATION

\$378,435
FUNDRAISING

87%

EXPENSES

\$16,091,813

11%

2%



This year, UCP launched our new Recreation Program in order to meet the needs of our clients and families. The goal of the program is to provide individuals with developmental disabilities, and their families, the opportunity to participate in experiences they may not otherwise get to.

“With UCP we have found a whole new world of family friendly activities, outings and events our kids could participate in that were adapted to fit their needs where we didn’t have to miss out on some part of some event or activity because they were unable to do it like the other kids out there in the world. Because of UCP, our boys have been able to go camping as a family, where our wheelchair bound son could actually do all the activities like a regular kid! He wasn’t confined to his chair and was actually able to go zip lining!! Our kids have gotten to see Santa in a sensory friendly environment with friends just like them, they have gotten to play soccer and go to Disney on Ice and everything was specifically set up to meet their individual needs.”

–Jenna M., mom of client.



**"Ever since the reopening of programs- they have been inseparable."
- Angela Vail,
Discovering Options
Program Manager**

Back and Better (Friends) Than Ever!

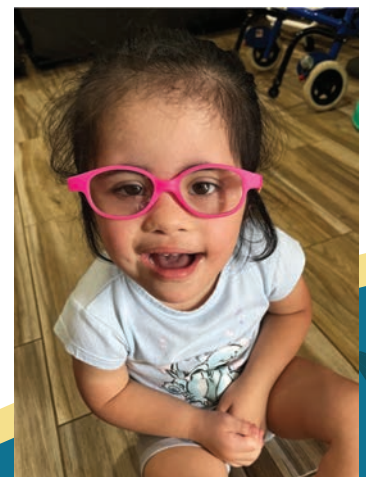
Adult Day Program clients enjoy their days surrounded by their friends, participate in art, education, and physical activities, and do so in a safe space. Before the COVID shutdown, Breanne and Michael were able to see each other every day on the UCP bus on their way to the Discovering Options Day Program. For nearly two years they were only able to interact over Zoom. During their time apart, Breanne had made Michael several friendship bracelets to give to him once they were reunited. When UCP opened programs again in March, they were able to see each other and were thrilled to be together again! Michael continues to wear those bracelets every day, but now Breanne and Michael are making more of them together.

Support at All of Life's Stages

UCP's Adult Day Programs work to develop and provide daily living skills, verbal and non-verbal communication, person centered planning and ensuring clients know they are valued members of our community. Gary, has been with UCP since 2008 and is one of our oldest clients at 82. Gary attends programming at our Twin Rivers II campus and enjoys helping in the classroom with tasks such as watering the garden, putting things away, taking out the trash, cleaning up messes, and helping others however he can. While at program Gary really enjoys listening to music and dancing.



Respite care provides a much-needed break to help support caregivers. UCP's youngest client is Nyeli, who is almost two years old, receives Respite Care services. She was diagnosed with Down syndrome and developmental delays, leading her parents to seek support from UCP. While her parents are running errands or going on a date night, Nyeli enjoys spending time with her respite worker who she gets along with very well.





Riding in Style and Safety

"Seeing how excited clients are to get on the bus in the morning just makes my day. On many occasions, riders will gift me the beautiful art they make at programs"

**- Theresa Aldridge
UCP Bus Driver**



UCP's Transportation program is essential to providing services to our clients, as well as our community. Recently, our transportation department expanded its fleet, hiring 20 new team members and increasing our number of vehicles to 75.

Currently, we support 28 routes, however we anticipate on increasing that to 38 by next month. With one driver per route each day, we are able to complete approximately 330 trips per day transporting 200 clients in the process.

UCP has been providing clients with reliable transportation for many years. Did you know that the very first UCP bus was purchased by using 1 million S&H Green Stamps?

Meet Shannon Kemp

Shannon is currently UCP's most tenured staff member. She manages UCP's respite department and has helped thousands of parents and guardians get much needed care. Shannon joined UCP over 31 years ago. A lesson she has learned and wants others to know is; "Each individual is a completely separate human being. Regardless of their disability or how their parents see them." Doug Bergman, President and CEO of UCP, says "It's because of staff like Shannon, that UCP has been successful at serving our community - helping us grow and be the best we can be"



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LOOKING AHEAD

As UCP grows and works hard over the next few years to meet the needs of the individuals we serve we want to be mindful of the future. With that in mind, UCP leadership set the following strategic goals for decision making:

- Grow our organization's assets in supporting clients' needs
- Expand the culture of innovation and technology.
- Further establish and nurture long-term partnerships with communities, organizations, supporters and stakeholders.
- Continue to advance as a trusted and informed advocate for clients and families to support UCP's mission, as well as, be appreciative for our Team Members and the work they do in the community.
- Emphasize ensuring we have the funds today and tomorrow to serve our community by developing support through individuals, corporations, foundation, and more.

BE
AMAZING

HELP US DO SOMETHING AMAZING

SIGN UP FOR OUR

Want to stay up to date with UCP of Sacramento and Northern California's programs, services and events?



We are looking for individuals and groups who want to help children and adults with developmental disabilities live a life without limits.

Volunteering is important at UCP, as it offers essential help providing direct and indirect services to the community we serve.

DIRECT SERVICE

Working with Clients
Recreational Activities
Summer Camp

INDIRECT SERVICE

Behind the Scenes
Events
Tabling &
Fundraising

HOW TO GET STARTED

Step 1:

Attend an Info Session

Step 2:

Fill out interest form

Step 3:

Staff member will contact you

Step 4:

Start Volunteering!



WAYS TO DONATE

Donating is easy. You can select a specific program to support or set up a monthly, recurring gift.

S

You can easily make a Gift from your Donor Advised Fund (DAF) through the DAF Direct link

Make a lasting impact and consider including UCP in your estate plans. Learn more about Planned Giving, Donor Advised Funds, and philanthropic gifts.

We will pick up the car, no charge to you.
We accept all types of vehicles!



ucpsacto.org

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of Sacramento and Northern California
The Road For Our Children's Future

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