



Teaching life skills to children with autism while helping them build a foundation for friendships



Life without limits for people with disabilities

UCP of Sacramento & Northern California 4350 Auburn Boulevard Sacramento, CA 95841 Phone: (916) 565-7700 Fax: (916) 565-7773 Respite Direct: (916) 779-6260

www.ucpsacto.org

OF Sacramento and Northern California Life without limits for people with disabilities



A.C.E. Spells Success!

The smiles of our clients and their willingness to participate in a variety of large and small group activities, combined with the positive feedback we receive from their parents, tell us everything we need to know...this program is working!

"My son has had trouble sleeping for years...he's actually sleeping now."

During the program, our clients:

- Practice their social and communication skills
- Learn how to relate with people in their lives
- · Build friendships and social support networks
- Develop motor skills, balance and agility

"My son loves it. He senses that at A.C.E. he fits in and is accepted as he is."

The Facts about Autism

- Autism is the fastest-growing serious developmental disability in the U.S.
- Autism now affects 1 in 68 children*
- 1 in 42 boys and 1 in 189 girls are diagnosed with autism in the U.S.*
- There is no cure for autism
- Most individuals with Autism Spectrum
 Disorder will need support throughout
 their lifetime

What is A.C.E.?

UCP's Autism Center for Excellence (A.C.E.) is a structured after-school socialization training program designed to meet the special needs of children with autism. Paraprofessionals and student interns, under the guidance of the Clinical Director and the Clinical Supervisors, provide instruction to children during large and small group activity sessions. Instructors work with every child, teaching them how to interact and build friendships while being involved in their community.

"His attention span at school is always better the day after he comes to A(E"

We're Here to Help

At UCP, we take pride in the accomplishments of our clients, no matter how big or small. Each day, we make it our goal to provide them with the chance to discover a new skill, overcome a challenge or simply experience the pride of being included. Find out more about our programs and services by visiting our website at: **www.ucpsacto.org**.

To learn more about A.C.E. and how you can participate, contact us at: at (916) 548-2562.



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