



of Sacramento and Northern California  
Life without limits for people with disabilities



# Team UCP Newsletter

Communicate • Serve • Grow • Sustain

December, 2014



## A Message from the CEO By: Doug Bergman

Dear Team Members,

Wow! Another year has flown by. I am very proud to be working for UCP and I know you are too. I can't tell you how many times, when I am attending events, meeting with vendors or just having a conversation with an acquaintance, everyone speaks so highly of UCP and the work we all do in the Sacramento Community. They recognize our buses, hear about us on the radio or TV and see our clients out in the parks, museums, the Capital, etc. The visibility of UCP in the Sacramento area is phenomenal. The recent ads on TV for Mazda's Drive For Good campaign, has put UCP right in the center of its ad for local non-profits! The community is engaged with UCP and we are all engaged with the community; so let's continue to show everyone that UCP stands behind its commitment to be the leading provider of comprehensive services in meeting our clients' needs!

I wish you all a very Happy Holiday season, and hope you relax and enjoy your time off with family and friends!

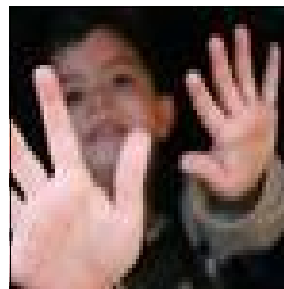
*Tis' the Season*

## Program Spotlight: By Eric Ciampa

UCP's mission is to help our clients live without limits. Sometimes that means UCP participates in advocacy efforts to encourage the State of California to live up to its promise to provide quality services for people with disabilities. In 1969, the State of California passed civil rights legislation called the Lanterman Act. It was this piece of legislation that provided state guidelines and funding to ensure people with developmental disabilities had access to local programs and services in their own communities. This was a huge victory that forever changed the lives of people with disabilities in California.

Fast forward 45 years, and the system that serves people with disabilities in the State of California is in rough shape. Over the past 10 years, hundreds of millions of dollars have been cut from the budget that funds programs like UCP. The system is broken and underfunded. That means our clients receive less quality services and it means that organizations like UCP receive insufficient funds to successfully operate quality programs or pay competitive wages.

UCP is working hard to convince the state to keep their promise to people with disabilities. UCP is part of a group called the Lanterman Coalition which just announced it's new **10 Campaign**. We are asking California show their commitment to people with disabilities by making an investment of 10%. Organizations like UCP can't do this alone. We need the help from the amazing clients and dedicated staff that call UCP home. Check out the Lanterman Coalition's website at <http://www.lantermancoalition.org> for more information. Get involved. Share your story. Contact your local legislators and ask them to support the Lanterman Coalition's 10 Campaign.



## CONGRATULATIONS!

December 2014 ANNIVERSARIES

<i>Enrico Hernandez, Trans</i>	<i>7 yrs</i>
<i>Malinda White, Trans</i>	<i>7 yrs</i>
<i>Gia Calloway, Respite</i>	<i>6 yrs</i>
<i>Sung Yi, Respite</i>	<i>5 yrs</i>
<i>Lois Rhodes, DO &amp; TRII</i>	<i>4 yrs</i>
<i>Fatima Shabazz, Respite</i>	<i>4 yrs</i>
<i>Russell Muir, Repite</i>	<i>4 yrs</i>
<i>Charity Kaios, Respite</i>	<i>3 yrs</i>
<i>Madline Russell, Respite</i>	<i>3 yrs</i>
<i>Elizabeth Alcaraz, Respite</i>	<i>3 yrs</i>
<i>Lidiya Mikityuk, Respite</i>	<i>3 yrs</i>
<i>Lorrie Esposito, Respite</i>	<i>3 yrs</i>
<i>Jonathon Chavarria, Respite</i>	<i>3 yrs</i>
<i>Kathryn Lenau, Respite</i>	<i>3 yrs</i>
<i>Andrea Flores, SAAGE</i>	<i>2 yrs</i>
<i>Steve Barkett, Respite</i>	<i>2 yrs</i>
<i>Joyce Kendricks, Respite</i>	<i>2 yrs</i>
<i>Marisol Ruiz, Respite</i>	<i>2 yrs</i>
<i>Cindy Vue, Respite</i>	<i>2 yrs</i>
<i>Kimberly Tran, Respite</i>	<i>2 yrs</i>
<i>Cheemo Yang, SAAGE</i>	<i>1 yr</i>
<i>Debra Elbon, Respite</i>	<i>1 yr</i>
<i>Maria Rodriguez, Respite</i>	<i>1 yr</i>



UCP of Sacramento and Northern California is the leading provider of comprehensive services to children and adults with all developmental disabilities and their families. UCP works with 3,300 people a month in our eight-county area, empowering children and adults who – without support – would be isolated from community.



Mazda dealers in the greater Sacramento area are "Driving for Good". For every new car sold or leased Mazda will donate \$150 to UCP if the customer selects UCP as their charity of choice. This initiative starts the last week of November through to the start of the New Year. Another example of the community supporting UCP. If you are looking for a new car now is a great time to visit you Mazda dealership.

When you donate a car, truck, motorcycle, SUV, RV, or boat, proceeds benefits UCP of Sacramento and Northern California and our mission to empower individuals with disabilities and their families to lead a life without limits! We accept all vehicle donations whether they are running or not. Get started by calling 1-800-240-0160.



Wishing you all the best for the Holidays! Your Development and Marketing Department - Steve & Evie



"Like" Facebook.com/myUCP and be informed.

- Rakesha Butler, ACE* 1 yr
- Jessica Herlow, Respite* 1 yr
- Ella Say, Respite* 1 yr
- Igor Kapelkin, Respite* 1 yr
- Theresa Aldridge, Trans* 1 yr
- Luz Gonzalez, SAAGE* 1 yr
- Kim Martin, Respite* 1 yr
- Jeging Pricer, Respite* 1 yr
- Meranda Calvario, TRII* 1 yr
- Stacey Amaral, Respite* 1 yr
- Brittany Ramirez, Respite* 1 yr
- Jessica White, WCO* 1 yr
- Daniel McIntosh, Respite* 1 yr
- Cara Smith-Guerrero, Respite* 1 yr
- Joshua Drenth, Respite* 1 yr
- Ashley Hirsch, Respite* 1 yr
- John Rotramel, Respite* 1 yr
- Kermit Hammergren, WCO* 1 yr
- Ashlee Nava, Respite* 1 yr
- Leann Sindle, SAAGE* 1 yr
- Alexis Alexander, Respite* 1 yr

**Surviving Winter Driving** By: Teaira Harris

Motor vehicle accidents are the number one cause of work-related injury /death. Winter weather presents the most dangerous time of year for operating a vehicle on the road. Since you can't change the weather, you must adjust the way you drive or risk becoming a fatal statistic.

Too many drivers think they can drive the same way in bad weather as on nice days, but that kind of thinking leads to accidents. You're most reliable prevention against vehicle accidents is common sense and driving skills. In order to survive winter driving you must give more thought to the weather and resulting road conditions, then adjust your driving accordingly.

First, realize that your trip will probably take longer in the rain,

fog, wind or snow, so leave earlier and take your time. It's better to arrive late than not at all. Be patient and drive defensively.

Slow down. A safe, slow speed will give you more control of your vehicle if the traffic ahead changes or if you come upon an icy road slick or dense fog patch. Increase the distance between your vehicle and the one ahead to leave a buffer zone for safe braking, you may need to stop suddenly.

Keep your lights on for safety. Your vehicle will be easier to spot by other drivers on dark winter days or in heavy weather conditions. Low beams should be used when driving in fog or heavy snow.

You'll be safer in a safe vehicle, so keep your vehicle gassed up and in good operating condition. Conduct

your daily pre and post-operation inspections. By combining sound driving skills with common sense you can survive this winter's driving fiasco.



**UCP OPEN POSITIONS**

- DSP—Full-Time Day Programs
- Supplemental—Part/Time Day Programs
- 1:1 Part/Time - Day Program
- Drivers- Full/Time Class B
- Drivers- Part/Time Class C
- Respite Workers - Part/Time

For job descriptions or if you are interested in any of these positions, please contact HR at (916) 283-8324.

